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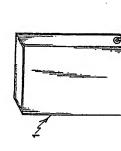
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(54) Title: A DEVICE FOR THE DETERMINATION OF BLOOD SUGAR

(57) Abstract

A device and methods are described for the determination of blood sugar content comprising a measuring part (1) and a sensor part (2). The electric contact surfaces (21, 22) of the sensor part are contactable with either side of a piece of whiring human tissue having a high capillary blood flow rate for non-invasive determination of the blood sugar content.



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PCT/SE99/00294

# A DEVICE FOR THE DETERMINATION OF BLOOD SUGAR

### Field of the Invention

The present invention relates to a device and a method for the determination of blood sugar content.

Background of the Invention
5 Diabetes is a chronic metabolic disorder cha

biabetes is a chronic metabolic disorder characterised by insufficient production of the hormone insulin. Diabetes causes fluctuations in the patient's blood sugar content. Serious complications, such as vascular changes which can lead to amputation, blindness and heart of and kidney disease, may arise as a consequence of diabetes. The diabetic's loss of or reduced insulin production can be compensated for by means of existing insulin

preparations. However, the patient's ability to "feel"

his current blood sugar content is also reduced. Today,

regardless of the stage of development of the disease, in

order to check their blood sugar content diabetics are
obliged to use measuring methods which are carried out by

means of a blood test and the addition of chemical reagents. Such measuring methods are not available to diabetics for regular checks in everyday conditions. Further
more, this blood test method provides insufficient therapeutic data for measures adapted to the disease, com-

about the current blood sugar content means that the fluctuations in the diabetic's blood sugar contents can be considerable, leading to faster destruction of peripheral vessels, etc. In the long term, this leads to extensive medical intervention.

prising diet, tablets and insulin. The lack of knowledge

Up-to-the minute knowledge, in various life situa10 tions, of the current blood sugar content would substantially improve the diabetic's own therapy with respect
to diet, tablet intake, and insulin dosage. A simple,
inexpensive and easy-to-use measuring device for the
determination of blood sugar, usable in everyday living,

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would afford the diabetic an entirely new therapeutic situation.

A blophysical parameter can be determined using either an invasive ("bloody") or a non-invasive ("blood-5 less") technique. A measuring device, especially for the determination of blood sugar content, is previously known from US-A-5,502,396. This known measuring device is based on the step of arranging a sample on the sensor forming part of the measuring device. This patent specification thus describes a device for invasive determination of the

A device for non-invasive determination of the constituents of blood is known from WO 97/15227. According to that specification, data representative of the 15 patient's ECG are used for determining the blood sugar

blood sugar content.

US-A-5,119,819 shows a device for non-invasive determination of changes in blood sugar content. With the aid of the device, acoustic speeds are measured in the tissue, which are then related to values of blood sugar content.

GB-2,013,575 describes a device for non-Invasive determination of the capillary blood flow rate, in which is provided a means, which is adapted to be held against the patient's body surface, for applying alternating cur rent. Current is carried, at the depth of the capillary

zs the patient's body surface, for applying alternating current. Current is carried, at the depth of the capillary bed, along a path between two spaced-apart points. The resulting voltage drop, which is measured along at least part of the length of the current path, is said to provide an indication of the capillary blood flow rate.

Summary of the Invention

It is an object of the invention to provide a measuring device for the determination of blood sugar content, which is simple, inexpensive, and easy to use, and by means of which dishoring and the inequality of the dishoring are provided that the inequality of the dishoring are provided to the inequality of the dishoring are provided to the inequality of the dishoring are provided to the inequality of the

35 by means of which diabetics can check their blood sugar content whenever they wish and act accordingly.

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method of non-invasive blood sugar content determination, A further object of the invention is to provide a

non-invasive determination of blood sugar content accordand exhibiting the characteristics stated in the characterising portion of claim 1, as well as by methods of device of the type stated in the preamble to claim 1, These objects have been achieved by means of a ing to claims 3, 4, and 5.

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diabetic to adjust his diabetes therapy to minimise blood IDDM patients (Insulin-Dependent-Diabetes-Mellitus), this is of major importance for the interplay between diet and the blood flowing through the tissue portion. This variation can be recorded, amplified, and read non-invasively, tip, varies depending on the concentration of glucose in The absorption capacity and electrical conductivity without direct access to the blood, in a device comprisis carried out spontaneously by means of the sensor part ing a measuring part and a sensor part electrically conwhereby an open electric circuit is closed. The reading enables the diabetic to continuously record his current nected thereto. In connection with measuring, the user blood sugar content. Having this knowledge enables the of blood in a certain tissue portion, e.g. the fingersugar content fluctuations. Especially in the case of and can take place in most everyday situations. This places, for example, his finger in the sensor part, insulin administration. 10 15 20 25

molecules have a dielectric effect on, inter alia, sodium ions. As a result, the electrical impedance of a tissue It is known that ions, e.g. sodium ions, which are with a high capillary blood flow rate varies with blood dissolved in the blood are affected by electric fields. The invention is based on the insight that blood sugar sugar content within certain frequency ranges.

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capillary blood flow rate between two poles is the equi-From an electrical point of view, closing an open electric circuit by placing a body part with a high 35

valent of placing an impedance between the poles. As

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described above, the magnitude of this impedance varies Examples of body parts with a high capillary blood flow certain frequency ranges for an applied electric field, with the blood sugar content in the body part within rate include the fingertips, toes, and earlobes.

variation can be integrated with a calibration process determined by means of conventional measuring methods. Furthermore, the determination of this impedance based on two or more programmable blood sugar values,

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respects other than the blood sugar concentration. If the tion in that it is necessary to assume that the molecular very fast and simple measuring. However, it has a limita-According to a first method, the impedance is deternumber of electrolytes in the blood varies between meamined at only one or a few frequencies, which enables composition of the capillary blood is constant in all surements, it may thus affect the measuring result. 15

quencies in a broad frequency spectrum. This determinapossibility of compensating for changes in the composiimpedance is instead determined at a plurality of fretion is somewhat more time-consuming, but affords the Consequently, according to a second method, the tion of the blood between measurements.

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ed which is linearly dependent on the NaCl concentration, of initial trials show that the impedance in the freguendent, while at around 1500 MHz impedance data is obtain-Sodium chloride (NaCl) is a particularly important major changes in the electrical impedance. The results cy range 1-100 MHz is significantly blood sugar depencomponent in the electrolytic balance of blood. Even small variations in this concentration can result in but independent of the sugar content in the blood. Brief Description of the Drawings 30 25

The invention will be described in more detail below with reference to the accompanying drawings, in which 35

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Fig. 1 is a schematic view of a measuring device according to the invention, showing a measuring part and a sensor part connected thereto, and Fig. 2 is a schematic view of the measuring part included in the device according to Fig. 1.

## Description of Preferred Embodiments

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current supply means 11, an electric circuit 12, a memory medium 13, a microcomputer 14, and means 15 for inputting As seen in Fig. 2, according to a preferred embodimeasuring part 1 is electrically connected to the sensor on either side, an electric current, e.g. of a magnitude example, his finger between the contact surfaces (poles) in such a way that the contact surfaces abut against it ment, the measuring part 1 shown in Fig. 1 comprises a poles is proportional to the blood sugar content in the blood flowing through the human tissue. In other words, information to and reading information from the memory medium 13 as well as for reading measurement data. The of 10 mA, flows through it. The impedance between the part 2, which comprises two opposing and spaced-apart second electric potential. When the user places, for the relationship between the impedance and the blood electric contact surfaces 21, 22 with a first and a sugar content can be described by the formula:

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Vg = Ki x Z, where

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Vg = the blood sugar concentration
Ki = the calibration coefficient of the individual
Z = the impedance in the tissue

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The calibration coefficient of the individual is obtained by means of the measuring device through at least two consecutive measurements at known blood sugar contents of the individual. These values, from a blood sugar determination of the capillary blood in a chemical blood sugar meter, are input as reference values to the memory medium 13 in connection with the respective cali-

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bration measurements. In connection with the calibration, the blood sugar values should have a minimum difference of 10mmol/1.

The voltage drop across the mass of tissue (the fingertip) placed between the poles is proportional to the blood sugar content of the blood flowing through the capillaries within a specific measurement range, e.g. 2-17 mmol/l. The current measurement value is stated with, for example, one decimal and is expressed in, for example, mmol/l. The electric contact surfaces 21, 22 are located at a fixed distance from each other, which is determined by the individual who is going to use the measuring device. A technical specification is given below as a non-limiting example of a preferred embodiment of a

15 measuring device according to the invention:
Measurement range: blood sugar 2-17 mmol/1.

Accuracy: 0.1 ± 0.05 mmol/1

Measurement time: 1-2 seconds

Calibration difference: minimum 10 mmol/1

20 Calibration values: two or more.

Components

Measuring part: microcomputer, electric circuit, display, keypad for calibration, batteries and fault indicator. Dimensions: height 20 x width 8 x depth, 4 (cm)

25 Display: LCD

Operating temperature: -5 - 40°C

Connecting cord with measuring part: (for fingertip) Cable length: 40 cm Sensor part: diameter 10-25 mm (20 different dimensions) 30 Depth: 20 mm, conical with a flat bottom,

According to another embodiment of the invention, the current supply means 11 comprises a multi-frequency generator, which generates a broad frequency spectrum within the frequency range of 0.1-2000 MHz. An electric field is generated between the contact surfaces 21, 22 (the poles). For the tissue placed between the poles, electrical impedance is determined with the aid of the

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The above description relates to the determination of the blood sugar content of human blood, but it will be appreciated that the invention is also applicable to the determination of the blood sugar content of blood from other mammals.

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#### CLAIMS

1. A device for the determination of blood sugar

5 content, comprising

a measuring part (1), which comprises a current supply means (11), an electric circuit (12), a memory medium (13), a microcomputer (14), and means (15) for inputting information to and reading information from the memory medium (13), as well as for reading measurement data;

a sensor part (2), which is electrically connected to the measuring part and comprises at least two opposing, spaced-apart electric contact surfaces (21, 22)

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characterised in that

the electric contact surfaces (21, 22) of the sensor part are contactable with either side of a piece of living human tissue with a high capillary blood flow rate for non-invasive measuring of the blood sugar content.

A device according to claim 1, wherein the cur rent supply means (11) comprises a multi-frequency generator.

3. A method of non-invasive determination of blood sugar content, comprising the steps of

calibrating a measuring device by inputting at least 25 two reference values;

arranging at least two electric contact surfaces on opposite sides of a body part having a high capillary blood flow rate;

applying a predetermined voltage between the two

reading the current between the two electric contact surfaces; and,

by utilising the reference values, converting the read current value to a value of the blood sugar content.

35 4. A method of non-invasive determination of blood sugar content, comprising the steps of

calibrating a measuring device by inputting at least two reference values;

on opposite sides of a body part having a high capillary arranging at least two electric contact surfaces blood flow rate;

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applying a predetermined current between the two electric contact surfaces; reading the voltage between the two electric contact by utilising the reference values, converting the surfaces; and,

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read voltage value to a value of the blood sugar content. 5. A method of non-invasive determination of blood sugar content, comprising the steps of

calibrating a measuring device by inputting at least two reference values;

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on opposite sides of a body part having a high capillary arranging at least two electric contact surfaces blood flow rate;

applying an electric field between the two electric

contact surfaces; 20 determining the electrical impedance between the two electric contact surfaces at several frequencies; and,

determined impedance to a value of the blood sugar conby utilising the reference values, converting the tent.

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International application No.
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INTERNATIONAL SEARCH REPORT Information on patent family members

International application No.

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